

The Nasal Peak Inspiratory Air Flow

This involves applying a plastic mask to the face which covers both the mouth and nose (like an oxygen mask) The patient is then be asked to breathe through the nose- as fast as he/she can- whilst keeping the mouth closed. The reading on the device then will be recorded .

This test is sometimes used to measure the change in the ease of breathing through the nose as a result of medical or surgical treatment.

